

Atlanta West Catering

Call 858-755-0440 to get started!

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Breakfast

Good Morning Breakfast Buffet

Fresh Fruit Platter, Mini Muffins, Danish, Breakfast treats, Sliced Breads, Juice, Coffee Service

McBarbara Buffet

Egg & Cheese with Ham or Sausage or Bacon on English Muffin, Fresh Fruit Platter, Coffee Service

Sunrise Buffet

Cheese Souffle' with Crisp Bacon, Fresh Fruit Platter, Muffins & Sliced Breads, Juice and Coffee Service

Happy Hearts Buffet

Yogurt with Seasonal Berries and Granola, Fresh Fruit Platter, Sliced Breads, Coffee Service

Scrambled Eggs Buffet

Scrambled Eggs with Bacon or Sausage, Home Fries, Fresh Fruit Platter, Muffins and Sliced Breads, Juice and Coffee Service

Quiche Me Buffet

Spinach or Lorraine Quiche, Fresh Fruit Platter, Assorted Muffins & Breads, Juice and Coffee Service

Wakey Wakey Buffet

Crisp Bacon, Mini Quiche, Cheese Biscuits with Sausage, Fresh Fruit Platter, Coffee Service

Mission Beach Breakfast

Breakfast Burritos with Scrambled Eggs, Bacon or Sausage, Potatoes and Cheese, Fruit Platter, Home Fries, Coffee Service

The Executive Order

Fruit and Cheese Platter served with Sliced Baguettes & Crackers, Yogurt and Granola, Coffee Service

BREAKFAST ADD ONS

Breads and Mini Muffins
Croissants with Jelly
Danish
Bacon, Sausage or Ham

Lunch & Dinner

(Minimum 10 Guests)



Lemon Chicken with Rice Pilaf

Served with Spinach Salad, Rolls and Butter

Teriyaki Chicken

Served with Fried or Steamed Rice, Spring Salad and Fried Potstickers

Heart Healthy Chicken Burrito

(this is served cold)

Grilled Chicken Breast in a Whole Wheat Tortilla. Filled with Salsa Fresca, Lettuce and Yogurt Dressing. Served with Black Bean Salad, Tortilla Chips and Guacamole

Spinach Quiche

Served with Citrus Salad and Blueberry Muffins

Enchiladas - Chicken, Beef or Cheese

Served with Spanish Rice and Baja Salad

Fajitas - Chicken or Beef

Served with Spanish Rice or Refried Beans, Corn or Flour Tortillas. Toppings include: Shredded Lettuce, Chopped Tomatoes, Salsa, Guacamole and Sour Cream

Tostada or Taco Bar

Deep Fried Flour Tortillas with Beef or Chicken (or BOTH), Refried Beans Shredded Lettuce, Tomatoes, Cheese, Green Onions, Black Olives, Sour Cream, Guacamole, Jalapenos and Salsa Fresca

Salads

Most Salads can be presented on individual plates, buffet box lunch/dinner. Please note that we use only the freshest ingredients and menu items are subject to change due to seasonal availability.

All come with Roll and Butter, Crackers. Dressings are on side.

Dressing Choices: Homemade Buttermilk Ranch, Creamy Italian, Balsamic Vinaigrette, Raspberry Vinaigrette, Oil & Balsamic Vinegar, Caesar Dressing, Champagne Dressing
Minimum 5 orders each

Pearl Couscous with Feta Salad

Pearl Couscous with chopped radicchio, crumbled feta, oil & Tossed with fresh basil leaves and roasted chicken and pl on bed of mixed greens. Served with a lemon vinaigrette.

Barbara's Greek Salad

Baby Greens with roasted chicken, feta cheese, tomatoes cucumbers, penne pasta, diced red onion, Greek olives, chickpeas, Aegean dressing, pita points and hummus

Red Quinoa Salad

Red Quinoa mixed with diced Grilled Chicken, Golden Beet Tomatoes, Avocado, Red Onion, Wild Arugula, Parsley, Almonds, Mint, Scallions mixed in greens. Served with a citrus vinaigrette dressing

Soledad Salad

Strips of hearty Grilled Chicken atop mixed greens with tomatoes, feta cheese, dried cranberries, olives and walnut Creamy Italian dressing

Super Grain Salad

Barley, Rice, Quinoa, Blended Red Onion, Baby Spinach, Blended Kalamata Olives, Sundried Tomatoes, Capers, Olive Oil blended with Apple Cider Vinegar. Chopped Grilled Chicken diced in to make this the perfect entree salad.

Chicken Thai Salad

Grilled Chicken over bed of mixed greens and cabbage, bamboo shoots, carrots, cucumbers, red bell pepper and

Bagels with Cream Cheese
Yogurt and Granola
Coffee, Tea or Milk
Pitcher of Juice

Sandwiches

We offer Turkey, Roast Beef, Ham, Tuna Salad and Vegetarian.

All sandwiches come with pickle and lettuce. Mayo and Mustard on the side.

Tomato, Cheese or Avocado can be added

Assorted Dinner Roll Sandwiches

Assorted Sandwiches on Assorted Breads

Assorted Meats on Fancy Rolls

Assorted Meat Platter with Assorted Bread Basket

Wrap Sandwich

Hero Sandwich

Club Sandwich

Chicken Salad on Croissant with Fresh Fruit Cup and Cheese Wedge

Small Chef with ½ Sandwich

Sides

Grilled Seasonal Vegetables

Homemade Tortilla Chips with Salsa

Chips, Salsa and Guacamole

Chips-Individual bags or Homemade Chips with Sea Salt

SIDE SALADS

Broccoli Salad

Garden Salad

Pasta Primavera Salad

Black Bean Salad

Southern Potato Salad

Farfalle Salad

New Potato Dill

Cole Slaw

Waldorf Salad

Caesar Salad

The Santa Fe Order

Grilled Chicken Breast with Rice Pilaf, Grilled Seasonal Vegetables, Spinach Salad, Rolls and Butter

The Torrey Order

Roasted Tri Tip with Garlic Mashed Potatoes, Garden Salad, Rolls and Butter

Baked Potato Bar

Diced Ham, Green Onions, Cheese and Sour Cream, Garden Salad and Rolls

Lasagna - Vegetarian or Beef

Served with Anti Pasta Salad and Soft Breadsticks

White Bean Chili with Chicken or Hearty Beef Chili

Served with Mom's Corn Bread, Cheddar Cheese, Chopped Onions, Vegetable Basket with Dip

Honey Dipped Fried Chicken or Honey Mustard Grilled Chicken

Two Pieces of Chicken with your choice of Two Side Salads, Rolls and Butter

Three Pieces of Chicken with your choice of Three Side Salads, Rolls and Butter

Barbequed Chicken and Ribs

Served with Cole Slaw, Fresh Fruit Platter, Baked Potatoes with Butter, Sour Cream, Chives, and Sliced Baguettes

Let's Go Hawaiian Buffet

Pulled Pork with Jasmine Rice, Macaroni Salad, Garden Salad, Hawaiian Sweet Bread

peanuts. Served with Chef Sean's Thai Coconut Dressing

Farfalle Salad

Grilled Chicken diced in mixed greens with cherry tomato feta cheese, marinated artichoke hearts, green onions and cilantro in a light olive oil dressing

Grilled Chicken Caesar Salad

Crisp Romaine lettuce with shredded parmesan cheese, homemade croutons, Caesar dressing

Baja Chicken Platter

Served on a bed of tossed greens with roasted chicken br tomatoes, sliced olives, Jack Cheese, avocado and tortilla

Mom's Southern Chicken Salad or Tuna Salad served in Tomato or Pineapple

Served with sliced fruit, cheese wedge

Cobb Salad

Mixed Greens topped with avocado, turkey, cheddar cheese, bacon bits, ripe olives, sprouts, onion (on request)

Teriyaki Chicken Salad

Grilled marinated chicken breast on a bed of salad green: tomatoes, ½ hard boiled egg, sprouts, mushrooms, broccoli cauliflower, asparagus spears

Chinese Chicken Salad

Napa cabbage served with poached chicken, green onions mushrooms and sesame dressing. Topped with crispy wonton noodles

South of the Border Salad

Beef or Chicken served in flour tortilla bowl on a bed of greens with chopped tomatoes, green onions, kidney bean cheese, black olives, sour cream, guacamole and salsa

St. James Salad

Spinach served with sliced poached chicken. Garnished with mushrooms, cherry tomatoes, red onions

Chicken Pasta Primavera Salad

Pasta Primavera with grilled chicken served over a bed of mixed greens and garnished with tomatoes, sprouts, mushrooms, ½ hard boiled egg

Oriental Salad

Charbroiled chicken and vegetables over a bed of soft rice noodles and salad greens. Served with crispy wonton noodle and sesame dressing.

Seafood Salad

Shrimp, Icelandic Cod, Crab Meat and Diced Chicken with broccoli, mushrooms, cherry tomatoes and red onion in a vinaigrette marinade and served over Romaine

Salad Sampler Buffet

Chicken Salad, Seafood Salad, and Pasta Primavera Salad

Chef Salad

Sliced Turkey and Ham, American and Swiss Cheese on top of greens. Garnished with tomato, sprouts, black olives and avocado

Donna's Favorite Salad

In a bowl of mixed European greens we add: corn, tomato, peas, cucumber bites, beans. We top it with grilled chicken, mozzarella cheese, ½ an egg. Served with oil and balsamic vinegar

Beverages

Sodas and Bottled Water

Lemonade

Beer and Wine

Desserts

Deluxe Cookies (2 per person)

Brownies

Bar Cookies (lemon or raspberry)

Cheesecake

Carrot Cake

Peanut Butter Chews

Chocolate Eclairs

Cream Puffs

Sheet Cakes

Please allow 48 hours notice

Upgrades

Nice Disposables (hard plastic, can be washed and recycled!)

China/Glass

Atlanta West will always provide set up and disposable plates, eating utensils, cups, coffee accessories (if ordered) and service with a smile.

Don't hesitate to ask about special dietary needs.

We can create any menu to fit your taste, needs and budget!

All prices are subject to CHANGE and CALIFORNIA STATE SALES TAX.

Hors D'oeuvres

Atlanta West Signature Dish -

Fruited Brie with Sliced Baguettes

Black Bean Egg Rolls

Mini Quiche

Crab Cakes with Cajun Sauce

Crab and Artichoke Dip served with Crackers

Smoked Salmon Tartar on Toast Points

Scallop Rumaki

Stuffed Mushrooms -

your choice of crab, veggie or beef

Spanakopita

Baked Brie with Mushrooms in Croute

Teriyaki Chicken and Beef Skewers

Potstickers with Plum Sauce

Chicken Wings (Teriyaki or Hot)

Homemade Tortilla Chips and Salsa

Taquito's with Guacamole

Hot Jalapenos stuffed with Cream Cheese

Potato Skins

Meatballs -

your choice of Sweet and Sour, BBQ or Swedish Sauce

Ham or Turkey Wrapped Marinated Asparagus

Sliced Meats in Mini Rolls

Imported and Domestic Cheeseboard with Crackers

Spinach Dip served with Sliced Baguettes

Shrimp Wrapped Snowpeas

Fresh Fruit Skewers with Dipping Sauce

Fresh Fruit Platter

Vegetable Basket with Dip

Grilled Seasonal Vegetables

Sliders (beef or turkey) on Freshly Baked Rolls

Fresh Shrimp and Sushi



SAMPLE MENUS (SAMPLEMENUS.HTML)

Let us make your next event a success! Call 858-755-0440
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